



**FRESENIUS
KABI**

caring for life



Fresubin® 5 kcal Shot

Small volume - maximum calories

Very high calorie (5 kcal/mL), low volume fat-based supplement for the dietary management of patients with or at risk of malnutrition, in particular for those with chronic catabolic disease such as cancer, renal or liver disease or with low volume requirements

Low volume solution to maximise energy intake

Adapted fat profile with rapeseed oil and medium chain triglycerides (MCT) to deliver essential and easily absorbed fatty acids¹

Convenient 120 mL bottle for convenient dosing (e.g. 4 x 30 mL)

Fresubin® 5 kcal Shot

Available in **one** flavour



Nutritional Information

Average content		100 mL	bottle = 120 mL
Energy value	kJ (kcal)	2100 (500)	2520 (600)
Fat (96.8% Energy)	g	53.8	64.6
of which SFA*	g	16.7	20.04
of which medium chain triglycerides	g	13.9	16.7
of which MUFA**	g	24.6	29.5
of which PUFA***	g	12.5	15
Carbohydrate (3.2% Energy)	g	4.0	4.8
of which sugars	g	4.0	4.8
of which lactose	g	0	0
Fibre	g	0.4	0.48
Protein (0% Energy)	g	0	0
Water	mL	40	48
Vitamins			
Vitamin E	mg α-TE ^o	14.0	16.8
Vitamin K ₁	μg	38.0	45.6

Average content		per 30 mL
Energy value	kJ (kcal)	630 (150)
Fat (96.8% Energy)	g	16.1
of which SFA*	g	5
of which medium chain triglycerides	g	4.2
of which MUFA**	g	7.4
of which PUFA***	g	3.8
Carbohydrate (3.2% Energy)	g	1.2
of which sugars	g	1.2
of which lactose	g	0
Fibre	g	0.1
Protein (0% Energy)	g	0
Water	mL	12
Vitamins		
Vitamin E	mg α-TE ^o	4.2
Vitamin K ₁	μg	11.4

*saturated fatty acids (SFA), **monounsaturated fatty acids (MUFA),
***polyunsaturated fatty acids (PUFA)
^oα-TE: alpha-tocopherol equivalents

General Information

Food for special medical purposes:

Low volume, very high energy (5 kcal/mL) oral fat-based supplement with long and medium chain triglycerides. For the dietary management of patients with or at risk of malnutrition, especially with anorexia, low volume requirements and/or conditions requiring a high energy intake.

Dosage:

Must be determined by the healthcare professional according to patients' needs. Recommendation for supplementary nutrition: 4 x 30 mL spread over the day. The intake should not exceed 50% of patients' total energy needs or as advised by a healthcare professional. Suitable for vegan diet.

Important notice:

To be used under medical supervision. Not suitable as the sole source of nutrition. Suitable for oral energy supplementation only. Assure adequate protein and micronutrient supply. Not suitable for children <3 years. Ensure adequate fluid intake.

Not for parenteral (I.V.) use!

Instructions for use:

Shake well before use. Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours.

Additional considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 5 kcal Shot.

Ingredients

Fresubin 5 kcal SHOT Lemon: Water, rapeseed oil, medium chain triglycerides (MCT), sucrose, emulsifier (E 472c), flavourings, stabiliser (E 460, E 466), thickener (E 415).

Allergen Information: Lactose and gluten free.

Halal & Kosher certified.

Flavour

Lemon

References

1. Babayan VK (1986). Medium chain triglycerides and structured lipids. Lipids 1986; 6(7): 26-29.



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